



By **PETER GARDINER**
peter.gardiner@scnews.com.au

A LOT of good-hearted business people on the Sunshine Coast are finding out that surfing can take them to the most surprising places.

While most of those corporate warriors who swap their business shorts and ties for wetsuits on the weekend have dreams of surfing undiscovered breaks, Dave Copley of North Surveys has been led into giving someone less fortunate a decent break in life.

Dave is one of those fun-loving organisers of the annual Board Meeting corporate surfing event – a fundraiser that last year raised about \$25,000 to help those in need.

But in between swell times at this crazy day of dress-ups and skulduggery designed to influence the judges, Dave got to thinking that giving to others was as big a buzz as a perfect tube ride.

So, off his own bat, his company has chipped in to buy a special \$900 orthopaedic chair for Currimundi State School student Tom Moore.

Ten-year-old Tom has severe burns to a large percentage of his body.

"I'd like to think it was just another part of what the Board Meeting does," Dave said. "It's about surfing and how you can put back into your community."

Since receiving his chair,



Getting on board

Tom has been able to do his work so much better.

"Apparently his concentration has improved 60% because he must have been in so much discomfort before," Dave said.

The Board will later this year help provide special disability strollers for Currimundi Special School students, Caitlin Jeffries, 7, and her four-year-old brother Sean.

Mother Amy said the two siblings were born with Mowat-Wilson Syndrome, which means the bridge that connects the two halves of their brains together is missing. The pair have epilepsy. Sean is blind in the left eye and he has a heart condition.

"It will mean all the difference in the world – these strollers mean I will be able to take them places," Amy said.

PROVIDING HELP: The Board Meeting's Nancy Belnap with Currimundi Special School students Caitlin, 7, and Sean Jeffries, 4, who are getting new specialty prams (above), and Dave Copley, of North Surveys, with Currimundi State School student Tom Moore, 10 (right).



Fighters face risk of heart disease

PEOPLE who seem to always be looking for a fight may be at greater risk of heart disease, a new US study suggests.

Researchers found adults whose spouses rated them high on the "antagonism" scale were more likely to have calcium build-up in their arteries, an indicator of disease-causing plaque.

The relationship was mainly apparent in older, rather than middle-aged, adults.

A number of studies have found a link between hostile temperament and heart disease.

These latest findings, published in the journal Psychosomatic Medicine, suggest that a specific component of hostility – antagonism – is particularly hard on the heart.

For the purposes of psychosocial assessment, antagonism refers to a person's tendency to be suspicious of others, argumentative, competitive or emotionally cold.

— Reuters

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